

SAMPLE PARAGRAPH (M.E.A.L. PLAN)

If you stroll through the cafeteria during one of the lunches, you will undoubtedly witness the disgraceful messes left by students. Ketchup can be found coating half the tables, chairs, and floor; even the ketchup packets have been found littering the entirety of the lunchroom. With this mess, the students are expressing their resounding disapproval of the new “pay extra for ketchup” policy. This behavior could be avoided if only the school would resume paying for the condiment nearly every student uses.

Breakdown:

M = If you stroll through the cafeteria during one of the lunches, you will undoubtedly witness the disgraceful messes left by students.

E = Ketchup can be found coating half the tables, chairs, and floor; even the ketchup packets have been found littering the entirety of the lunchroom.

A = With this mess, the students are expressing their resounding disapproval of the new “pay extra for ketchup” policy.

L = This behavior could be avoided if only the school would resume paying for the condiment nearly every student uses.